

Rescue plan for work at height

'Call 999' is not a rescue plan. Account for the time before anybody else arrives.

Record who is on site, not just who is trained — a plan naming one trained rescuer fails on the day that person is off. Getting somebody down is the beginning of the rescue, not the end of it.

SITE	STRUCTURE	GANG / SUPERVISOR
PLAN APPLIES FROM	PREPARED BY	REVIEW DATE

SCENARIOS COVERED

	COVERED	N/A
Person suspended in a harness after a fall	☐	☐
Person injured on the structure but not suspended	☐	☐
Person trapped or unable to descend	☐	☐
Person taken ill at height	☐	☐
Person unconscious at height	☐	☐
Rescue from a loading bay, tower or temporary roof	☐	☐
	☐	☐
	☐	☐
	☐	☐

WHO PERFORMS THE RESCUE

Who is on site, not who is on the training matrix.

Primary rescuer — name and training

Second rescuer — name and training

Who covers when either is absent

Minimum number trained that must be on site for work to proceed

Who decides work stops if that number is not met

EQUIPMENT

Rescue equipment held on site

Where it is kept

Who checks it, and when it was last checked

Inspection records held where

Anything the plan needs that is not currently on site

ON DISCOVERING SOMEBODY AT HEIGHT NEEDING RESCUE

1. Raise the alarm — do not attempt a rescue alone unless the plan says you may.
2. Send somebody to call the emergency services, and to meet them at the site entrance.
3. Make the area below safe and keep it clear.
4. Carry out the rescue by the method planned for that scenario.
5. Do not lay a suspended casualty flat without medical advice — tell the ambulance crew how long they were suspended.
6. Stop work, preserve the scene and report it.

RAISING THE ALARM AND MEETING HELP

How the alarm is raised on this site	
Who calls the emergency services	
Site address as it should be given to them	
What3words or grid reference for the access point	
Who meets them, and where	
Nearest A&E, and route	

AFTER THE RESCUE

How long the casualty was suspended — recorded and handed to the ambulance crew	
Who stays with the casualty	
Who reports the incident, and to whom	
RIDDOR consideration — by whom	
Equipment quarantined for examination	

BRIEFING AND REVIEW

BRIEFED TO THE GANG ON	BY
PRACTISED ON	OUTCOME
REVIEWED ON	REASON FOR REVIEW